

## Autism Acceptance Month Toolkit

**Autism Acceptance Month** takes place this April and for individuals everywhere, it marks an opportunity to help support and empower students with autism. This is now exemplified by **World Autism Understanding Day**, celebrated worldwide on April 2nd.

Since 2018, the OLT team are proud to have supported **over 41,000** teaching professionals and **11,000 parents** worldwide with our online autism courses and resources, so this month we're sharing a free **Understanding Autism toolkit** in support of **Autism acceptance month**.

This toolkit is full of OLT resources and tools that can be accessed online to help support teaching professionals and schools in creating a welcoming, accommodating, and inclusive environment for students with autism.

We hope our toolkit can prove to be of great help and we encourage you to share it with your colleagues too. Enjoy!

### The OLT Team

#### Attention educators!

Are you looking for a partner to help you make a real difference in your school? Look no further! Our organisation has been supporting 10,000 schools and helping them to succeed for years. We provide CPD training courses, resources and free webinars to help you reach your goals.

Make the most of our experience and join us today - together we can make a difference for all children!

Sign up for newsletter



Find out about OLT



# CPD certified webinars

## Watch now on demand

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1 hour CPD

Identifying the needs of girls with ASD ★★★★★

*Louise Batalla-Duran*

Louise Batalla-Duran, Head of Autism Services, discusses the often invisible and undiagnosed needs of girls with ASD. This thought-provoking and informative session looks at the ways parents and educators can work together to identify and implement strategies that reduce anxiety and challenging behaviours so girls with ASD can learn to thrive at home and in school. Available to watch on demand this webinar is CPD certified for 1 hours learning and offers participants the chance to achieve a certificate of attendance to validate their learning.

**Watch now!**



1 hour CPD

Pupil emotional regulation skills ★★★★★

*With Tania Pyburn*

Tania Pyburn, ASD/SLCN Specialist & Play Therapist, shows how to develop effective emotional literacy and self-regulation skills. Using a mixture of theory and practical strategies, this webinar promises to share proven holistic frameworks that help pupils thrive as well as learn how to take control of their emotional responses and sensory regulation needs. Available to watch on demand this webinar is also CPD certified for 1 hour of learning and offers participants the chance to purchase a CPD certificate of attendance.

**Watch now!**



# Introducing SENBITES

## Bitesized learning in 10 mins or less!

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### On your radar: Girls with autism spectrum disorder (Top tips)

Are you aware that some girls in your school might have autism and are hiding in plain sight? Aimed at teachers, teaching support staff and parents/caregivers, this video hopes to encourage reflection on the ways you can identify and respond to your pupils/daughters' triggers.

**Watch now!**



### Girls and autism: the 4'oclock explosion!

Ready to learn how to support girls with autism? Set over the course of a school day, this 7-minute video highlights the anxieties (and triggers) that can feed into the 4-o'clock explosion – an emotional meltdown at the end of the school day.

**Watch now!**



### Classroom based mindful activities

School can be a triggering environment for many children and young people with SEN and mindful activities and techniques can really help them overcome and manage anxiety. Discover how with our classroom based activities for children with autism or SEN.

**Watch now!**



## Further Support for parents, carers and educators...

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### Free online course | **Autism for parents**

**Duration: aprox 5 hours**

If your child has been diagnosed with an autism spectrum disorder, you have come to the right place! Autism for Parents was developed to support parents and carers in identifying the characteristic traits (and triggers) associated with autism. With lots of authentic videos of parents talking about the issues that most concern them, this short course provides great insight into the ways parents can help look after themselves as well as support the developmental needs of their children.

[View course...](#)



### Paid online course | **Autism Spectrum Disorder course**

**Duration: 20 hours, 1-2 hrs per week**

**CPD certified for 20 hours**

**Flexible start date!**

Are you looking to get the training you need for your setting to effectively teach children with autism? If so, you're in luck! We are proud to have supported over 41,000 teaching professionals worldwide with our Autism Spectrum Disorder (ASD) course which provides teachers with the knowledge and practical skills they need to work with children and young people (CYP) on the autistic spectrum.

Our course is designed for immediate use in classrooms across primary and secondary phases, whether special or mainstream schools. The key objective for all our teacher training is to help improve outcomes for every individual student on the autism spectrum through professional development for teachers.

[Find out more...](#)



## Blogs

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### How to engage autistic children in reading

*By Georgina Durrant (author, podcaster and founder of the SEN Resources Blog)*

In this insightful blog Georgina Durrant highlights the many challenges children can face during reading time and offers a range of practical strategies and suggestions for teachers to help engage autistic learners.

[Read our blog...](#)



### How to differentiate for autism in the classroom

*By Sarah Lucia (teacher, professional blogger and motivational educator)*

Children with autism face unique challenges to learning and without the right interventions, autism can have a significant impact on a child's development and educational outcomes. Here, Sarah shares her experiences, and some tips that you can apply in your classroom to help meet the needs of learners with autism.

[Read our blog...](#)



### Stay connected and get in the social swing this April!

You can show your support for #autismawarenessmonth by following us on social media and raising awareness from 6th – 12th February 2023.



(Rated EXCELLENT by our users)